

# National Addiction Awareness Week

St. Leonard's Community Services has a variety of resources, programs, and services available to those experiencing or supporting someone experiencing an addiction. Here are just some of those resources available.

## **Crisis Line**

Available 24/7 365 Days a year! (519) 759-7188 or toll free 1 (866) 811-7188

## **Mental Health Walk-In Clinic**

Monday & Wednesday from 2 p.m. to 7 p.m. at 225 Fairview Dr., Unit #1

## **Harm Reduction Supply Program**

Monday to Wednesdays 8:30 a.m. to 7 p.m., Thursday to Friday 8:30 a.m. to 4:30 p.m. at 225 Fairview Dr., Unit #1 AND Monday to Friday 9:00 a.m. to 5 p.m. at 133 Elgin St.

## **Open Groups**

- ALL IN (Gambling Support): Monday, 225 Fairview Dr., Unit #1 at 6 p.m.
- Artistic Expressions: Monday (virtual) & Thursday (225 Fairview Dr, Unit #1) at 5 p.m.
- Hopeful Journeys: Wednesday (virtual) at 6 p.m. & Friday (133 Elgin) at 2:30 p.m.
- SMART Families: Wednesday, 225 Fairview Dr., Unit #1, at 6 p.m.

## **Withdrawal Management and Treatment Services**

Call (519) 753-6222 if interested in accessing withdrawal management.

## **Addictions/Concurrent Disorder Counselling**

Call (519) 754-0253 to learn more.

Our website has details on all these resources and more:

[www.st-leonards.com](http://www.st-leonards.com).

We are here to help everyone achieve their version of wellbeing.

Let's do this together. Give us a call today: (519) 759-7188.