## National Addictions Awareness Week 2024

November 24 to 30 | Forging Connections

**Monday, November 25** 

**Tuesday, November 26** 

Wednesday, November 27

**Thursday, November 28** 

Friday, November 29

#### **Six Nations of the Grand River** Slice Away the Stigma

**Kick-off National Addictions** Awareness Week with free slice of pizza. Let's break down barriers, one slice at a time.

Time: 11:00 a.m. - 2 p.m.

Location: Village Pizza, 1766 4th Line

#### **SOAR Community Services** A.L.L. In. Gambling Support Group (Adapt, Learn, Live, INdependent of **Problem Gambling)**

Time: 6:00 - 7:30 p.m.

Location: 225 Fairview Dr., Unit 1

#### S.M.A.R.T Families Support Group

For individuals 16+ struggling with a family member or loved one who is experiencing challenges related to substance use and/or gambling.

Time: 6:30 - 8:00 p.m.

Location: 225 Fairview Dr., Unit 1

#### **Continuing Care Group**

Supports post-treatment by helping maintain recovery gains, develop skills, address new challenges, and foster social connections.

Time: 6:00 - 7:30 pm Location: 133 Elgin St.

#### **Six Nations of the Grand River** Soup Outreach

Serving up outreach and connection over a warm bowl of soup. Time: 11:00 a.m. - 2 p.m.

Location: 1769 Chiefswood Rd.

#### **Brantford Public Library Human Library**

Community members will be an "open book" and talk about their personal experience and knowledge. Light refreshments available.

Time: 2:00 - 4:00 p.m.

Location: Main Branch, 2nd Floor, 173 Colborne

# events are FREE!

#### "Demystify Addiction Medicine" **Lunch & Learn with RAAM and** Dr. Holland

For clients, community, and providers Time: 1:00 pm

Virtual: broberts@raamclinics.com In-person: 320 Colborne St. E

#### **SOAR Community Services Hopeful Journeys**

An open, ongoing, peer support group for individuals experiencing addictions & mental health recovery.

Time: 2:30 - 4:30 p.m. Virtual: ali.gibson@soarcs.ca

#### Six Nations of the Grand River **Breaking the Cycle Dinner**

Community dinner focused on breaking the cycle of violence and substance use.

Time: 5:00 - 8 p.m. Location: 1738 4th Line

#### Flood: The Overdose Epidemic in **Canada Film Screening**

A documentary that aims to reduce the stigma around substance use and inspire others to take action.

Time: 6:00 - 8:00 pm

Location: 2nd Floor Library, 173 Colborne St.

Register here!



#### O.A.S.I.S **Overcoming Addictions with Strategies in Self-care**

Time: 1:30 - 3:00 p.m. Location: 44 King St. Suite 204 Facilitated by CMHA and SOAR

Community Services

#### Six Nations of the Grand River Cannabis 101

Insights and answers to questions around safe use, and information for users and non-users.

Time: 1:30 - 3:30 p.m.

Location: 1745 Chiefswood Rd.

#### **SOAR Community Services Artistic Expressions & Mini Forging Connections Gallery**

For individuals 16+ experiencing ongoing mental health and/or addictions recovery. The core focus of the group is positive self-reflection and change using art. Light refreshments will be served.

Time: 5:00 - 7:00 p.m.

Location: 225 Fairview Dr., Unit 1

#### **Grand River Community Health Centre Closing Ceremonies**

Join us as we come together to raise awareness! Resources available include:

- hygiene kits,
- harm reduction supplies,
- light refreshments,
- meet service providers,
- info, swag, prizes, and more!

Time: 10:30 p.m. - 12:30 p.m. Location: 363 Colborne St., GRCHC **Community Boardroom** 

#### **SOAR Community Services Hopeful Journeys**

An open, ongoing, peer support group for individuals experiencing addictions and mental health recovery.

Time: 2:30 - 4:30 p.m. Location: 133 Elgin St.

## Thank you to participating agencies:



### **BRANT COUNTY HEALTH UNIT**















